

The Dutch Working Party on Antibiotic Policy (SWAB) recommendations for the diagnosis and management of COVID-19 associated pulmonary aspergillosis (CAPA)

This evidence-based document is a supplement to the SWAB guidelines for the Management of Invasive Fungal Infections, revised version December 2017.

Committee:

N.M.A. Blijlevens,¹ R.J.M. Brüggemann,² J.J.W.M. Janssen,³ D.W. de Lange,⁴ J.F. Meis,⁵ A.M.L. Oude Lashof,⁶ M.H.E. Reijers,⁷ B.J.A. Rijnders,⁸ J.A. Schouten,⁹ F.L. van de Veerdonk,¹⁰ T.S. van der Werf,¹¹ T.F.W. Wolfs,¹² A.R.H. van Zanten,¹³ and P.E. Verweij (chair).¹⁴ The committee was supported by J.B. Buil¹⁴ for literature review and writing and editing of the draft documents.

¹Department of Hematology, Radboud University Medical Center, Nijmegen; ²Department of Clinical Pharmacy, Radboud University Medical Center, Nijmegen; ³Department of Hematology, Amsterdam University Medical Center, location VUmc, Amsterdam; ⁴Department of Intensive Care, University Medical Center Utrecht, Utrecht; ⁵Department of Medical Microbiology and Infectious Disease, Canisius Wilhelmina Hospital, Nijmegen; ⁶Department of Infectious Diseases, Maastricht University Medical Center, Maastricht; ⁷Department of Pulmonology, Radboud University Medical Center, Nijmegen; ⁸Department of Medical Microbiology & Infectious Diseases, Erasmus Medical Center, Rotterdam; ⁹Department of Intensive Care, Radboud University Medical Center, Nijmegen; ¹⁰Department of Internal Medicine, Radboud University Medical Center, Nijmegen; ¹¹Department of Internal Medicine, Division of Infectious Diseases, University Medical Center Groningen, Groningen; ¹²Wilhelmina Children's Hospital, University Medical Center Utrecht, Utrecht; ¹³Department of Intensive Care Medicine, Gelderse Vallei Hospital, Ede; ¹⁴Department of Medical Microbiology, Radboud University Medical Center, Nijmegen.

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Introduction and methodology

General introduction

Soon after the start of the COVID-19 pandemic, reports of suspected invasive pulmonary aspergillosis (IPA) complicating COVID-19 appeared. Although initial reports from China were not specific regarding the frequency and identification of fungal pathogens causing secondary infection in COVID-19 patients, reports from Europe indicated that *Aspergillus* was frequently cultured in airway samples from COVID-19 patients admitted to the ICU. IPA secondary to influenza was recognized as a clinical entity over the last years in patients admitted to the intensive care unit (ICU) with respiratory failure. Cases of influenza associated pulmonary aspergillosis (IAPA) were observed in 19% of influenza patients in the ICU in the Netherlands and Belgium.¹ The mortality rate was 51% in a retrospective multicenter cohort study compared to 28% in influenza patients without IAPA.¹⁻⁵ Based on the emerging risk of IAPA and the high frequency in the Netherlands, a recommendation was given in the SWAB guidelines for the Management of Invasive Fungal Infections (revised version December 2017):⁶

| | |
|-------------------|--|
| Recommendation 17 | <p>ICU patients with confirmed influenza should undergo sampling for serum galactomannan. It is recommended that ICU patients with confirmed influenza and radiologic abnormalities on chest X-ray should undergo bronchoscopy and BAL for galactomannan and culture.</p> <p>In case of tracheobronchitis, a positive serum galactomannan or a positive BAL galactomannan (index ≥ 0.8), patients should be treated with combination azole+echinocandin or azole+L-AmB therapy. Monotherapy with L-AmB is considered as a second choice in these patients.</p> <p>If cultures reveal no <i>Aspergillus</i> growth, galactomannan-positive BAL material should be tested by PCR for the presence of Cyp51 mutations.</p> <p>ICU patients with influenza and negative aspergillus serum and bronchoscopy/BAL screening, and non-ICU influenza patients should undergo (repeat) serum and bronchoscopy/BAL diagnostics if new respiratory complications or clinical worsening occur, or if sputum/tracheal <i>Aspergillus</i> colonization cultures are positive.</p> |
|-------------------|--|

The increasing number of reports on *Aspergillus* superinfections in critically ill COVID-19 patients as well as the frequent detection of *Aspergillus* species or galactomannan (GM) in airway samples from critically ill COVID-19 patients, resulted in uncertainty about its clinical relevance as well as the best diagnostic and treatment strategies of these patients. Below we will use the term COVID-19 associated pulmonary aspergillosis (CAPA) when we refer to patients considered to have a tissue invasive infection with *Aspergillus*.

The current evidence was reviewed based on the following seven key questions:

Table 2. Key questions

| |
|--|
| <ol style="list-style-type: none">1. What is the case definition of COVID-19 associated pulmonary aspergillosis?2. What is the preferred approach towards diagnosing or refuting CAPA in patients with COVID-19?3. What is the risk of <i>Aspergillus</i> pneumonia in patients with COVID-19?4. Are there host/risk factors that are associated with CAPA?5. What is the treatment of choice for patients with CAPA?6. How should invasive <i>Aspergillus</i> tracheobronchitis be managed in CAPA patients?7. What is the role of immunomodulating agents in the management of CAPA in ICU patients? |
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Conflicts of interest policy and funding

The Guidelines Committee would like to thank all individuals and societies who contributed to the development of these guidelines. Members of the preparatory committee reported the following potential conflicts of interest: NMAB no conflicts of interest reported; RJMB has received unrestricted grants, speaker fees or consultancy fees from Amplyx, Astellas, F2G, Gilead, Munidipharma, MSD and Pfizer. All contracts were with Radboudumc and all invoices were paid to Radboudumc; JJWMJ has no conflicts of interest; DWdL has no conflicts of interest; JFM received grants or speaker fees from F2G, Gilead and United Medical; AMLOL no conflicts of interest; MHER has no conflicts of interest; BJAR has received research grants from Gilead Sciences, outside the submitted work; JAS has no conflicts of interest; FLvdV has no conflicts of interest; TSvdW has no conflicts of interest; TFWW has no conflicts of interest; ARHvZ has no conflicts of interest; PEV has received unrestricted grants, speaker fees or consultancy fees from MSD, Pfizer, F2G, Gilead Sciences, Munidipharma and Thermofisher. All contracts were with Radboudumc and all invoices were paid to Radboudumc.

Methodology

The current addendum was based on seven key questions considering population, intervention, comparison, and outcomes (PICO) relevant for the Dutch clinical setting (Table 2). For each key question we developed short evidence summaries after searching PubMed and other sources considered relevant. The evidence was subsequently assessed using the Grading of Recommendations Assessment, Development, and Evaluation (GRADE) system as described in the SWAB sepsis guideline (Figure 1).^{7,8}

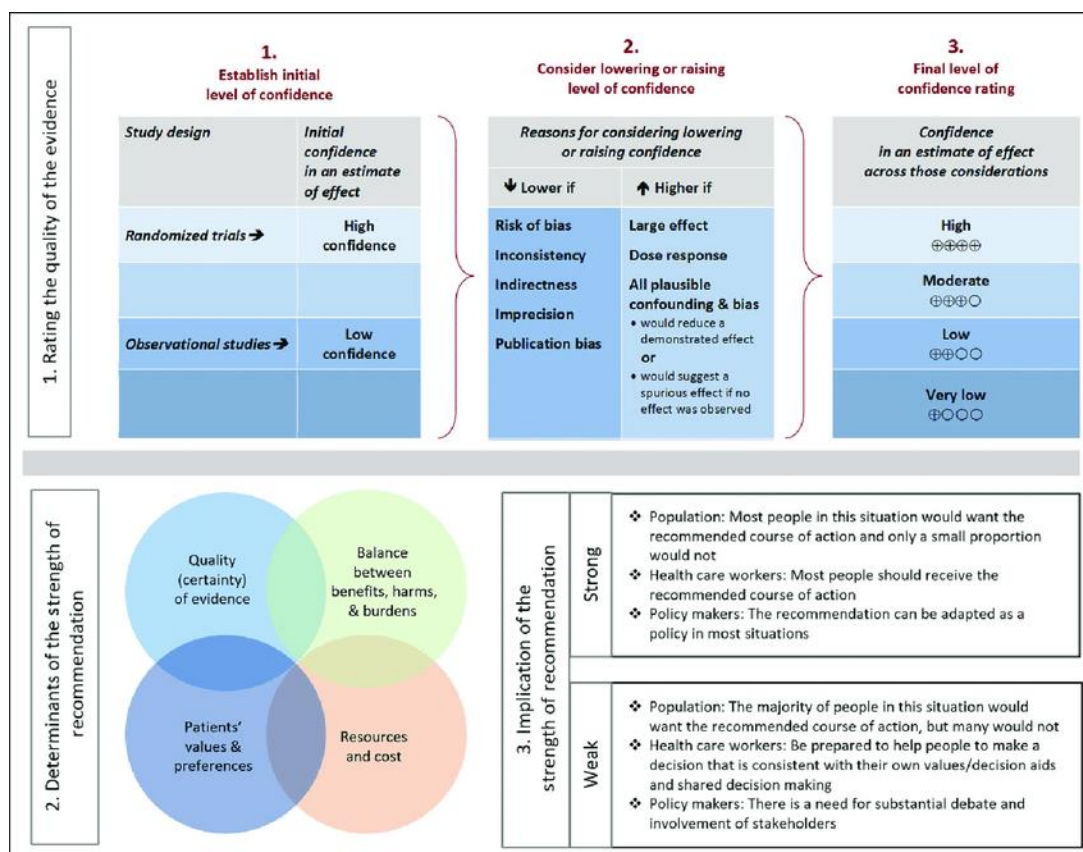


Figure 1. Overview of GRADE methodology. Approach and implications to rating the quality of evidence and strength of recommendations using the Grading of Recommendations Assessment, Development and Evaluation (GRADE) methodology.

The PubMed search strategy included ((coronavirus and 2020) or COVID-19 or SARS-CoV-2) and (Aspergillus* or aspergillosis* or CAPA) and included publications until December 15th 2020. When available, in-press publications not yet available on PubMed were included as well. Case-reports were excluded. In addition, unpublished cohort data were used from a multicenter CAPA registry study conducted in Belgium and the Netherlands. Quality of evidence for clinically relevant outcomes was graded from high to very low. A multidisciplinary committee formulated recommendations after structured discussions as strong or weak. The committee anticipated on limited high-quality evidence due to the recent emergence of SARS-CoV-2. When evidence could not be obtained, recommendations were provided on the basis of opinions and experiences with other viral pneumonias, notably influenza (good practice statements, GPS). Based on this process, we formulated 13 recommendations on the management of patients with a proven COVID-19 and *Aspergillus* colonization or a suspected or proven CAPA (see recommendations below).

Key questions

1. What is the case definition of COVID-19 associated pulmonary aspergillosis?

Evidence summary

A rapidly increasing number of papers on CAPA in COVID-19 patients admitted to the ICU are being reported in the literature. One problem is the lack of a consensus CAPA case definition, and various definitions have been used to classify CAPA. The invasive fungal infection case definition of the European Organization for Research and Treatment of Cancer (EORTC) / Mycosis Study Group Education and Research Consortium (MSGERC) is rarely applicable because it only applies to patients with a specific host factors, which are typically absent in patients suspected of having CAPA and due to the fact that the ICU-setting was excluded in the definition document.⁹ Several studies have used the algorithm that was proposed by Blot et al. to distinguish between IPA and *Aspergillus* colonization in the ICU.¹⁰ As the classification is based on a positive culture, sometimes revised definitions were used which include the biomarker GM to classify patients in addition to those with a positive culture. Other papers have used the criteria which were used by Schauwvlieghe et al.¹ to classify patients with IAPA. Recently, an expert group proposed a case definition to classify patients with IAPA. This case definition has also been used to classify patients with CAPA.¹¹ Finally, a consensus CAPA case definition was published by the European Confederation for Medical Mycology (ECMM) and the International Society for Human and Animal Mycology (ISHAM),¹² categorizing patients as proven, probable and possible CAPA (Table 1). This document has only been published very recently and has not yet been used to classify CAPA patients. Furthermore, as described below, as long as the literature regarding autopsy and biopsy proven cases of CAPA remains very limited, the sensitivity and specificity of these definitions remains uncertain. As proven IPA relies on the demonstration of invasive growth of *Aspergillus* hyphae, there is little variation between definitions regarding this category. Variation in the probable category is notably relating to host factors, clinical factors (including radiologic imaging) and mycological criteria.¹²

Table 1. 2020 ECMM/ISHAM CAPA consensus case definitions.¹²

| Entry criterion: SARS-CoV-2 positive ICU admission and acute respiratory distress syndrome | | | |
|--|--|---|--|
| Classification | Criteria | | |
| Proven pulmonary CAPA and IATB* | histopathological or direct microscopic detection, or both, of fungal elements that are morphologically consistent with <i>Aspergillus</i> spp, showing invasive growth into tissues with associated tissue damage, or (with or without) aspergillus recovered by culture or detected by microscopy, in histology studies or by PCR from material that was obtained by a sterile aspiration or biopsy from a pulmonary site, showing an infectious disease | | |
| Probable pulmonary CAPA | Microbiology | Imaging | Clinical factors |
| | Serum GM >0.5 or LFD positive OR Plasma / serum / whole blood <i>Asp</i> PCR positive (x2) OR BAL <i>Asp</i> culture positive or microscopy positive OR BAL GM index ≥ 1 or LFD positive OR BAL <i>Asp</i> PCR positive (<36 threshold cycle) OR Serum <i>Asp</i> PCR positive + BAL <i>Asp</i> PCR positive OR A combination | Pulmonary infiltrate OR Cavitating infiltrate OR both | Refractory fever OR Pleural rub OR Chest pain OR Hemoptysis OR A combination |
| Possible pulmonary CAPA | Microbiology | Imaging | Clinical factors |
| | NBL microscopy consistent with <i>Aspergillus</i> OR NBL <i>Asp.</i> culture positive OR NBL GM index > 4.5 OR NBL GM index > 1.2 (x2) OR NBL GM index >1.2 + NBL LFD positive and <i>Asp</i> PCR positive OR A combination | Same as probable | Same as probable |
| Probable IATB | Microbiology | Imaging | Clinical factors |
| | Serum GM >0.5 or LFD positive OR BAL <i>Asp</i> culture positive or microscopy positive OR BAL GM index ≥ 1 or LFD positive OR A combination | | Tracheobronchial ulceration OR Nodule OR Pseudomembrane OR Plaque OR Eschar OR A combination |

*IATB, invasive *Aspergillus* tracheobronchitis

Conclusions

A consensus CAPA case definition has been published which aimed to improve standardization and comparability of clinical studies. Due to the recent publication of the case definition and lack of proven CAPA cases, the sensitivity and specificity of these consensus definitions remains unclear.

2. What is the optimal approach towards diagnosing or refuting CAPA in patients with COVID-19?

Evidence summary

Mycology

Demonstration of tissue invasive growth of septate hyphae and identification of *Aspergillus* through PCR or culture is considered the gold standard of proven IPA. This would require obtaining tissue through an invasive procedure or at autopsy. However, particularly during the first months of the pandemic, invasive diagnostic procedures have been discouraged due to the assumed risk of health care associated infection via aerosolization. This may explain the limited number of biopsy or autopsy proven CAPA cases (six) so far (**Table 3**). However, another possible explanation of the limited number of proven CAPA cases, despite the frequent documentation of *Aspergillus* species by culture, PCR or antigen testing in airway samples from critically ill COVID-19 patients may be that tissue invasion is indeed less frequent .

Table 3. Reported proven CAPA cases.

| Sex / age | Underlying condition | Procedure | Respiratory GM/ culture | Highest serum GM | Ref. |
|-----------|---|--|---|------------------|---------------|
| M, 38 | Obesity, hypercholesterolemia | Biopsy during bronchoscopy | BAL: >2.8 / <i>A. fumigatus</i> | 0.3 | ¹³ |
| M, 62 | Diabetes | Biopsy during bronchoscopy | BAL: 2 / <i>A. fumigatus</i> | 0.2 | ¹³ |
| M, 73 | Obesity, diabetes, hypertension, hypercholesterolemia | Biopsy during bronchoscopy | BAL: >2.8 / <i>A. fumigatus</i> | 0.1 | ¹³ |
| M, 77 | Diabetes, chronic kidney disease, hypertension, pemphigus foliaceus | Biopsy during bronchoscopy | BAL: 2.79 / <i>A. fumigatus</i> | 0.1 | ¹³ |
| M, 71 | Hypertension, diabetes, chronic kidney disease | Autopsy, molecular ID <i>A. penicillioides</i> | BAL: not performed | 4.3 | ¹⁴ |
| M, 73 | Obesity, diabetes, hypertension, atrial fibrillation | Autopsy | Bronchial aspirate: <i>A. fumigatus</i> | positive | ¹⁵ |

As invasive aspergillosis commonly presents as pulmonary infection, bronchoscopy with bronchial alveolar lavage (BAL) has become the most important tool to diagnose IPA. BAL samples have been

validated for microscopy (using optical brighteners such as Blankophor P or calcofluor white), *Aspergillus* culture, detection of GM and *Aspergillus* DNA for species identification and detection of azole resistance markers (AsperGenius). Detection of *Aspergillus* antigen may take place through ELISA test (Platelia *Aspergillus*) or through lateral flow device (LFD) point-of-care tests that allow rapid detection of *Aspergillus* antigen (IMMY and OLM Diagnostics). Alternatively beta-D-glucan (BDG), which is a panfungal marker, may be detected in serum of patients with IPA. Unlike serum, BAL procedures may vary between hospitals, including the volume of fluid that is used, which might have implications for BAL GM concentrations that are measured.

An important issue in performing diagnostic procedures in COVID-19 patients has been the risk of aerosolization associated with bronchoscopy and BAL. Although bronchoscopy has generally been discouraged in COVID-19 patients, evaluation for co-infection is considered an indication to perform this procedure,¹⁶ provided that adequate preventive measures are taken to protect health care workers.¹⁷ In addition, exclusion of co-infection is considered relevant before starting corticosteroid treatment in COVID-19 patients with secondary clinical (respiratory) worsening that is attributed to pulmonary fibrosis or to organizing (non-infectious) pneumonia (also called Cryptogenic Organizing pneumonia, COP). Due to restricted availability of bronchoscopy, alternative specimens and procedures have been used, including testing of sputum, bronchial (BA)/ tracheal aspirates (TA) and non-bronchoscopic bronchial lavage (NBL).¹² Important drawbacks of these specimens include sampling of the upper respiratory tract rather than lower respiratory tract, lack of validation of *Aspergillus* biomarkers for these specimens, and inability to visualize the airways, which is critical to diagnose invasive *Aspergillus* tracheobronchitis. However, during the second wave availability of BAL has increased and the procedure is now safely used in most centers. An overview of the performance of *Aspergillus* diagnostics in reported case series is shown in **Table 4**.

Table 4. Overview of performance of diagnostic tests in CAPA

| Country | # of CAPA cases | BAL (#positive / #performed) | <i>Aspergillus</i> species | TA/BA (#positive / #performed) | Serum (#positive / #performed) | Ref. |
|---------|-----------------|--|---|-------------------------------------|--------------------------------|------|
| France | 9 | Culture 5 / 7 GM 2 / 7 PCR 3 / 7 | <i>A. fumigatus</i> (7) | Culture 2 / 2 GM - PCR 2 / 2 | GM 1 / 9 BDG 4 / 8 | 18 |
| Germany | 5 | Culture 1 / 3 GM 3 / 3 PCR 3 / 3 | <i>A. fumigatus</i> (4) | Culture 2 / 3 GM ND PCR 1 / 2 | GM 2 / 5 BDG - | 19 |
| NL | 6 | Culture 2 / 3 GM 3 / 3 PCR - | <i>A. fumigatus</i> (5) | Culture 3 / 3 GM - PCR - | GM 0 / 3 BDG - | 20 |
| Belgium | 6 | Culture 5 / 6 GM 5 / 6 PCR - | <i>A. fumigatus</i> (5), <i>A. flavus</i> (1) | Culture - GM - PCR - | GM 1 / 5 BDG - | 13 |
| Italy | 30 | Culture 19 / 30 | <i>A. fumigatus</i> (16), <i>A. niger</i> (3), <i>A. flavus</i> (1) | Culture - | GM 1 / 30 | 21 |

| | | | | | | |
|-------------|----|--|--|------------------------------------|--------------------------|---------------|
| | | GM 30 / 30 PCR 20 / 30 | | GM - PCR - | BDG - | |
| UK | 19 | Only NBL performed; Denominator not reported | <i>A. fumigatus</i> (9), <i>A. versicolor</i> (1) | Denominator not reported | Denominator not reported | ²² |
| Belgium | 4 | Culture 4 / 4* GM 4 / 4 PCR 2 / 2 | Not specified | | GM - BDG - | ²³ |
| Switzerland | 3 | Culture - GM - PCR - | <i>A. fumigatus</i> (3) | Culture 3 / 3 GM - PCR 1 / ? | GM 1 / ? BDG 1 / ? | ²⁴ |
| France | 19 | Culture 7 / 9 GM 7 / 9 PCR - | <i>A. fumigatus</i> (14), <i>A. calidoustus</i> (1), <i>A. niger</i> (1) | Culture 9 / 10 GM - PCR - | GM 1 / 12 BDG - | ²⁵ |
| Pakistan | 5 | Not specified | <i>A. fumigatus</i> (1), <i>A. flavus</i> (4), <i>A. niger</i> (1) | Not specified | GM 0 / 5 BDG 1 / 5 | ²⁶ |
| USA | 4 | Not specified | <i>A. fumigatus</i> (4) | Not specified | GM 1 / 3 BDG - | ²⁷ |
| France | 7 | Culture not specified / 5 GM 3 / 5 PCR 2 / 5 | <i>A. fumigatus</i> (5) | Not specified | GM 1 / 7 BDG 2 / 7 | ³³ |

*BAL and BA were not distinguished.

Overall, BAL GM was positive in 57 of 64 (89%) of CAPA patients, while BAL culture was positive in 43 of 59 (73%). It should be noted that positive GM was considered entry criterion in the study of Bartoletti et al, which included 30 patients.²¹ *Aspergillus* PCR in BAL was positive in 30 of 47 (64%) CAPA patients. Serum GM was positive in 7 of 71 (10%) patients.²¹ The performance of LFD tests has been studied in ICU-patients,²⁸ and one study compared the performance of the Sona *Aspergillus* Galactomannan Lateral Flow Assay (IMMY) with that of the Platelia *Aspergillus* (Biorad) in TA obtained from CAPA patients.²⁹ However, as bronchoscopy was not performed in this study, a reliable classification of CAPA patients was not achieved.

Imaging

The typical appearance of COVID-19 includes peripheral, bilateral, ground-glass opacities with or without consolidation or visible intralobular lines (i.e. crazy paving) in early stages; multifocal ground glass opacities of rounded morphology with or without consolidation or crazy paving at peak stage; reverse halo sign as well as other findings of organizing pneumonia at late stages are observed as well.³⁰ Many signs of COVID-19 pneumonia can mimic CAPA, and vice versa, and lesions suggestive of

CAPA may be hidden. Radiological findings that were previously shown to be sufficiently specific to diagnose IPA in immunocompromised patients are the halo sign, air-crescent sign, cavitating lung lesions and well-defined intrapulmonary nodule(s). In ICU patients with influenza cavitating lung lesions and well-described nodule(s) are also considered useful. Whether or not, any of these criteria can help in distinguishing *Aspergillus* colonization from infection in COVID-19 patients is as yet uncertain. Indeed, an intrinsic part of severe COVID-19 is intravascular thrombosis due to endotheliopathy, which can result in infarction and cavitating lesions as well as the halo sign.¹² Therefore, the role of imaging as a reliable criterion for diagnosing CAPA is probably limited. Importantly, CT may contribute to diagnose other reasons for respiratory deterioration. Nevertheless, for critically ill COVID-19 patients new nodules with cavitation or halo sign or consolidations have been recommended to trigger a diagnostic work-up for CAPA.³¹ Autopsy data of a sufficient number of patients with these radiological findings present in the days preceding death are needed in order to improve our understanding of the radiology of CAPA.

Conclusions

- Very few biopsy or autopsy proven cases of CAPA have been reported. Therefore, definite conclusions on the diagnostic characteristics of a single diagnostic test or combinations of tests cannot be made (very low quality of evidence).
- The performance of TA or NBL for diagnosing CAPA remains unclear. These specimens are not validated for the use of GM, PCR and BDG detection and do not allow diagnosis of invasive *Aspergillus* tracheobronchitis (very low quality of evidence).
- BAL GM may be the most reliable test to diagnose CAPA but a positive BAL GM test should not be considered definite proof of CAPA (low quality of evidence).
- Serum GM was positive in very few patients (<10%), but if positive is indicative of CAPA (low quality of evidence).
- The role of imaging as a reliable criterion for diagnosing CAPA is limited (very low quality of evidence).

3. What is the reported incidence of CAPA in patients with COVID-19?

Evidence summary

With the limitations described above regarding the definitions of CAPA in mind, the reported frequencies of CAPA can be found in **Table 5**.

Table 5. Reported characteristics of cohort studies of CAPA in ICU-patients that utilized bronchoscopy.

| Country | Case definition | CAPA frequency | Time to first Asp. positive sample after ICU admission in days (range) [∞] | Ventilated | Proven/probable /putative ⁸ | Ref. |
|---------|--|-----------------|---|------------|--|---------------|
| France | EORTC/MSGERC (if immunocompromised) ⁹ and IAPA ² | 9 / 27 (33%) | Not specified | 27 / 27 | 0 / 1 / 8 | ¹⁸ |
| France* | Modified IAPA ¹¹ and EORTC/MSGERC ⁹ | 21 / 366 (5.7%) | 6 (1 -15) | 246 / 366 | 0 / 21 / 0 | ³² |

| | | | | | | |
|-------------|--|--------------------------|--|---------|------------|----|
| Germany | Modified <i>AspICU</i> ¹⁰ | 5 / 19 (26%) | Not specified | 5 / 5 | 0 / - / 5 | 19 |
| NL | Modified IAPA ¹¹ | 6 / 31 (19%) | 10 (3 – 28) | 6 / 6 | 0 / 3 / 3 | 20 |
| Belgium | <i>AspICU</i> ¹⁰ | 6 / 34 (21%) | 8 (2 – 16) | 6/6 | 4 / - / 2 | 13 |
| Italy | Modified IAPA ¹¹ | 30 / 108 (28%) | 4 (2 – 8) days * (study used screening protocol) | 30 / 30 | 0 / 30 / - | 21 |
| | <i>AspICU</i> ¹⁰ | 19 / 108 (18%) | 8 (0 – 35) [†] | 19 / 19 | 0 / - / 19 | |
| UK | <i>AspICU</i> ¹⁰ | 8 / 135 (6%) | | 7 / 8 | 0 / - / 8 | 22 |
| | IAPA ¹ | 20 / 135 (15%) | | 15 / 20 | 0 / - / 20 | |
| | Own definition | 19 / 135 (14%) | | 14 / 19 | 0 / - / 19 | |
| Belgium | Modified <i>AspICU</i> ¹⁰ | 4 / 131 (3%) | 4 | 4 / 4 | 0 / - / 4 | 23 |
| Switzerland | Modified IAPA ¹¹ | 3 / 80 (4%) [‡] | 6 (3-8) | 3 / 3 | 0 / 1 / 2 | 24 |
| France | Modified <i>AspICU</i> ¹⁰ | 19 / 106 (18%) | 11 (2-23) | 18 / 19 | 0 / - / 19 | 25 |
| France | EORTC/MSGERC (if immunocompromised) ⁹ and IAPA ² | 7 / 145 (5%) | 10 (median) | 27 / 27 | 0 / 0 / 7 | 33 |

*Includes cohort published by Alanio et al.¹⁸

[‡]80 mechanical ventilated patients of a total of 118 patients admitted to the ICU.

[†]of 16 patients with multiple *Aspergillus* cultures positive.

[∞]Time to positivity: Antinori et al. culture sample taken at day 4 positive.¹⁵ Ghelfenstein-Ferreira et al. culture positive with *A. fumigatus* of sample taken at day 6 after ICU admission.³⁴ Meijer et al. recovered *A. fumigatus* from a tracheal aspirate culture at ICU admission.³⁵ Mitaka et al. found that the 6 patients were mechanically ventilated for a mean of 6.8 days (range 1-14 days) before *Aspergillus* isolation. The two patients described by Helleberg had growth of *A. fumigatus* in respiratory samples 1 and 5 days after starting mechanical ventilation.³⁶

^βClassification categories refer to those used in the different case definitions. Putative classification is used in the criteria of Blot et al and requires one host risk factor, one compatible sign or symptom, abnormal medical imaging, and lower respiratory tract specimen positive for aspergillus are needed (if ≥ 1 criterion is not met, then the patient is classified as having aspergillus colonization).¹⁰

Overall, 10 CAPA case series in the ICU reported 120 CAPA cases in 1,155 COVID-19 patients (10%, range between 3% and 33%). Only in four cases CAPA was proven, while the majority had a probable or putative diagnosis. One study from the Netherlands reported 6 CAPA cases in a cohort of 31 COVID-19 patients admitted to the ICU, of which three cases could be classified as probable CAPA.¹⁶ Yet, a subsequent report from the same hospital reported on the results of postmortem pathology findings in these patients. The premortem diagnosis of CAPA could not be histologically confirmed. This however, does not exclude CAPA because no autopsy was performed but rather blinded percutaneous lung biopsies were evaluated.³⁷ A recent, yet unpublished cohort of 520 COVID-19 patients admitted

to the ICU in centers in Belgium and the Netherlands during the first wave, showed that 41 patients (8%) could be classified as proven or probable CAPA according to the new consensus definitions.³⁸

The cohort studies show that the vast majority of ICU patients that were diagnosed with CAPA were mechanically ventilated, although this may be explained by the fact that diagnostic procedures like BAL are rarely performed in non-ventilated patients with COVID-19. Furthermore, the majority of patients developed CAPA on average between day 4 and 11 after ICU admission. The study of Bartoletti which involved systematic bronchoscopy on day 0 and 7 of ICU admission indicated that 14 of 108 (13%) patients were BAL GM positive (index >1) at ICU admission.²¹

Conclusions

- Observational studies on CAPA in COVID-19 patients reported frequencies between 3% and 33% in the ICU, using variable case definitions (very low quality of evidence).
- CAPA is almost exclusively reported in mechanically ventilated patients and can be diagnosed early as well as late after ICU admission (low quality of evidence).

4. What are the host- / risk factors that are associated with COVID-19 associated pulmonary aspergillosis (CAPA)?

Evidence summary

Case series published to date show that only a minority of patients have traditional EORTC/MSGERC host factors (**Table 6**). Three patients (2%) were reported with a hematological malignancy, two (1,5%) with other malignancies and five (4%) with solid organ transplantation. One study identified the presence of an EORTC/MSGERC host factor and solid organ transplantation as significant risk for invasive fungal infection.³³

Table 6. Underlying diseases and identified risk factors for CAPA in published case series.

| Country | # of CAPA cases | EORTC/MSGERC host factor (# pts) | Other underlying diseases | Identified risk factors | Ref. |
|---------|-----------------|---|--|---|------|
| France | 9 | Myeloma + steroids (1), steroids (1) | Hypertension, obesity, diabetes, ischemic heart disease, asthma | N.A. | 18 |
| France* | 21 | Solid organ transplant (1), myeloma (1) | Hypertension, diabetes, obesity, coronary disease, asthma | Cumulative corticosteroid dose ≥100 mg higher in CAPA (OR, 3.7; IC95% 1.0 -9.7) | 32 |
| Germany | 5 | Not present | Hypertension, obesity, hypercholesterolemia, diabetes, COPD, emphysema | N.A. | 19 |
| NL | 6 | Not present | COPD, asthma, cardiomyopathy | N.A. | 20 |

| | | | | | |
|-------------|----|---|--|---|----|
| Belgium | 6 | AML (1) | Hypertension, obesity, hypercholesterolemia, diabetes, HIV | N.A. | 13 |
| Italy | 30 | Malignancies (2), solid organ transplant, chronic steroid treatment | Hypertension, obesity, hypercholesterolemia, diabetes, coronary disease, cerebrovascular disease, chronic kidney disease, COPD | Chronic steroid therapy was significantly more frequent in CAPA compared to non-CAPA (p=0.02) | 21 |
| UK | 19 | Hematological malignancy (1), corticosteroid therapy (15) – dose and duration not specified | Vasculitis, essential hydrocortisone, thrombocytopenia, diabetes, chronic respiratory illness, solid cancer, autoimmune disease, obesity, hypertension, Alzheimer disease, chronic kidney disease, | Association between multiple positive <i>Aspergillus</i> /BDG positive test and the use of high dose corticosteroids (p=0.007) and chronic respiratory condition (p=0.05) | 22 |
| Belgium | 4 | Not present | Obesity, chronic kidney disease | N.A. | 23 |
| Switzerland | 3 | Not present | Hypertension, obesity, diabetes, pulmonary fibrosis, asthma | N.A. | 24 |
| France | 19 | Not present | Hypertension, diabetes, malignancy, COPD, asthma, tuberculosis, cardiopathy, ABPA, schizophrenia, glaucoma, HIV | N.A. | 25 |
| France | 7 | Kidney transplantation (2), liver transplantation (1), steroids (1) | Hypertension, obesity, diabetes, tabagism, dyslipidemia | Preexisting host factor (p=0.03), solid organ transplant (p=0.004), long term (>3weeks) corticosteroid therapy (any dose)(p=0.01) | 33 |

*Includes cohort of Alanio et al.¹⁸

Three cohort studies have identified risk factors for CAPA. Chronic steroid treatment (at dosages higher than or equivalent to prednisone 16 mg/day for at least 15 days) was found to be significantly more frequent in patients with CAPA compared to those without CAPA.²¹ The use of high dose corticosteroids (dose not defined) and the presence of chronic lung disease were associated with multiple positive *Aspergillus* tests.²² A third cohort found that corticosteroids administered at any dose for > 3 weeks was a risk factor for invasive fungal infection.³³ A fourth study did not find that high dose corticosteroids was associated with CAPA risk (11.5% versus 28.6%; p=0.08), but observed cumulative dose ≥100 mg to be higher among CAPA patients.³²

All but few of the reports on CAPA come from a setting where corticosteroid therapy was not yet the standard of care but rather the exception. Since the publication of the Recovery trial, corticosteroid therapy has become the standard of care for all patients admitted with severe COVID-19.³⁹ Therefore, the data regarding the impact as well as the magnitude of the impact of corticosteroid use on the incidence of CAPA should be considered preliminary. In particular, the question remains if a certain cumulative dose is required and to what extent a 10 day regimen of dexamethasone that was used in the recovery trial and has become the standard of care in the Netherlands poses a significant risk for CAPA.

Conclusions

- Most CAPA patients lack EORTC/MSGERC host factors (low quality of evidence).
- Multiple cohort studies show that corticosteroid therapy is associated with increased risk for CAPA (low quality of evidence).
- Host factors that have been implicated to increase the risk for CAPA include, any EORTC/MSGERC host factor, solid organ transplant or chronic respiratory disease (very low quality evidence).

5. What is the optimal antifungal choice for patients with proven or high likelihood of COVID-19 and suspected *Aspergillus* pneumonia?

Evidence summary

Despite the difficulty in distinguishing between *Aspergillus* colonization and invasive infection, several studies have shown excess mortality in *Aspergillus* positive COVID-19 patients in the ICU (**Table 7**). In the study of Bartoletti et al, of the 30 CAPA patients, 16 received antifungal therapy of which 13 received voriconazole.²¹ Fourteen patients did not receive antifungal therapy due to post mortem diagnosis (7 patients) or due to clinical decision (7 patients). Survival of patients treated with voriconazole was 54% (7 of 13), and for those not receiving voriconazole 41% (7 of 17)($p=.39$).²¹ A relationship between initial BAL GM index and 30-day survival was noted. The odds of death within 30 days of ICU admission increased 1.41-fold (1.10–1.81; $P = .007$) for each point increase in the initial BAL GM index. When adjusted for age, need for renal replacement therapy, and SOFA score at ICU admission, the initial BAL GM index was still independently associated with increased odds of death within 30 days of ICU admission (OR, 1.44; 95% CI, 1.08–1.94; $P = .014$).²¹ In the study of White et al., mortality rates ranged from 46.7% (95% CI, 24.8–69.9) in CAPA patients receiving appropriate antifungal therapy to 100% (95% CI, 51.1–100) in patients not receiving appropriate antifungal therapy.²² In the cohort from Belgium and the Netherlands, 20 of 41 (48.8%) CAPA patients died compared to 135 of 476 (28.2%) of COVID-19 without CAPA ($p<0.05$). (Janssen, unpublished)³⁸ Furthermore, in a validation cohort from France including 304 COVID-19 ICU patients, CAPA mortality was 42.9% (9 of 21) compared to 21.2% (60 of 283) in COVID-19 ICU patients without CAPA ($p<0.05$). (Janssen, unpublished)³⁸ Van Biesen et al. found a mortality of 22.2% in patients with CAPA based on NBL and 15.1% in patients without CAPA.⁴⁰ In the study of Dupont, 3 of 9 (33%) of antifungal-treated patients compared to 5 of 10 (50%) untreated patients died at day 42.²⁵

Table 7. Mortality in COVID-19 patients with CAPA compared with controls.

| Country | Case definition | # of CAPA patients | Mortality in CAPA | Mortality in control | Ref. |
|---------|--|--------------------|-------------------|-----------------------|---------------|
| France | EORTC/MSGERC (if immunocompromised) ⁹ and IAPA ¹ | 9 | 44% | 39% (p=0.99) | ¹⁸ |
| France† | Modified IAPA ¹¹ and EORTC/MSGERC ⁹ | 21 | 71.4% | 36.8% (p<0.01) | ³² |
| Italy | IAPA ¹¹ | 30 | 44% (day 30) | 19% (day 30)(p=.002)* | ²¹ |
| | <i>Asp/ICU</i> ¹⁰ | 19 | 74% | 26% (p<.001) | |
| UK | | 19 | 58% (day 77?) | 38% | ²² |
| NL | CAPA ¹² | 41 | 48.8% | 28.2% (p<0.05) | ³⁸ |

* Diagnosis of CAPA was associated with 30-day mortality from ICU admission (OR, 3.53; 95% CI, 1.29–9.67; P = .014), even after adjustment for age (OR, .99; 95% CI, .94–1.06; P = .99), need for renal replacement therapy (OR, 3.02; 95% CI, 1.11–8.19; P = .015), and SOFA score at ICU admission (OR, 1.38; 95% CI, 1.07–1.73; P = .004) with a logistic regression model.²¹

† Includes cohort of Alanio et al.¹⁸

On the other hand, patients with CAPA may survive without receiving antifungal therapy. As indicated above, 7 of 17 (41%) CAPA patients who were not treated with voriconazole survived in the case series reported by Bartoletti et al.⁸ Alanio and colleagues described 7 patients with putative (6) or probable (1) CAPA who did not receive antifungal therapy, of which 5 survived.¹⁸ Survival may be due to various factors, including absence of invasive disease. Indeed in one study tissue biopsies showed no evidence for CAPA, despite that most patients were classified as probable cases.³⁷ These observations might implicate that in some critically ill COVID-19 patients positive *Aspergillus* tests reflects colonization rather than invasive disease. Alternatively, in patients with only positive BAL GM, a positive GM may also represent a false positive result.

Azole resistance. Three cases of azole-resistant CAPA have been reported, one from the Netherlands,³⁵ one from France,³⁴ and one from Ireland.⁴¹ In all cases the TR₃₄/L98H resistance mutation was detected, which is associated with environmental resistance selection. Nethmap resistance surveillance in the Netherlands indicates that in all five participating University Medical Centers the azole resistance rates are ≥10% in *A. fumigatus* (average azole resistance rate 12.5%),⁴² while in five teaching hospitals the resistance rates are lower (average resistance rates 6.1%). There are currently no indications that the risk for azole-resistant infection will differ from that in other ICU patients.

There are no studies that investigate the optimal antifungal therapy of CAPA in COVID-19 patients in the ICU. We therefore refer to the SWAB 2017 guideline for the management of invasive fungal infections for primary treatment choices. Combination antifungal therapy is recommended for a period of 2 weeks, unless triazole resistance (switch to liposomal amphotericin B) or triazole-susceptibility (continue with voriconazole or isavuconazole) is documented. Patients who have improved clinically after 2 weeks, are stable and have unknown azole resistance may be stepped down to azole monotherapy under strict follow-up. There is currently no antifungal agent licensed for prophylaxis in the ICU. There are currently no studies that show benefit of prophylaxis in critically ill COVID-19 patients.

Pharmacological considerations. Therapeutic drug monitoring (TDM) is an important component in triazole treatment of patients with CAPA. Critical illness with (multi) organ failure predisposes patients to a high degree of variability in drug exposure. This is further complicated by factors such as drug-drug interactions and the frequent use of renal replacement techniques as well as extracorporeal membrane oxygenation. Also protein binding, specifically of posaconazole and isavuconazole, may be altered although little is known about the impact of hypoalbuminemia.

Abovementioned variables make it difficult to predict adequate drug exposure in individual patients. In line with the SWAB guideline on treatment of invasive fungal infections TDM is recommended on a weekly basis for all triazole drugs.⁶ TDM is strongly recommended for voriconazole and posaconazole, and should also be considered for isavuconazole.

Pharmacokinetic drug-drug interactions will play an important role. Triazole drugs are mostly perpetrator drugs but can be victim drugs as well. In the Netherlands drug-drug interactions are monitored by electronic prescribing systems with direct feedback to the clinician. Nevertheless, these systems might not identify drug interactions with new or experimental drugs. A highly recommended and reliable source for drug interactions can be found at <https://www.covid19-druginteractions.org/>. This data source setup by the University of Liverpool together with the Radboudumc provides the latest insights into relevant drug interactions including the azole drugs.

Next to pharmacokinetic interactions, pharmacodynamic interactions (drug with similar toxicity profiles) may be relevant. These interactions include interactions between (lipid) formulations of amphotericin B and nephrotoxic drugs, potassium losing agents and posaconazole, and many more. Please consult your hospital pharmacist for management of these interactions.

(See Practical guidance for antifungal drug administration and drug target concentrations)

Conclusions

- There is currently not enough evidence to draw any definitive conclusion on the optimal antifungal treatment strategy for patients with proven or high likelihood of COVID-19 and suspected *Aspergillus* co-infection.
- For antifungal therapy of patients with CAPA the SWAB 2017 recommendations for treatment of invasive aspergillosis should be followed.
- Many variables impact on triazole drug exposure in critically ill patients, supporting the use of TDM (very low quality of evidence).

6. How should invasive *Aspergillus* tracheobronchitis be managed in CAPA patients?

Evidence summary

Invasive *Aspergillus* tracheobronchitis was found to be a frequent and highly lethal manifestation of IAPA, which may be due in part to epithelial erosion of trachea and bronchi due to the influenza virus. Autopsy studies indicate that focal white patches may be present in the trachea and large bronchi of 92% of COVID-19 patients.⁴³ Histology shows mucosal ulceration with mixed inflammatory cell infiltration, including neutrophils and fibrin. This is likely to be due to viral tropism as the epithelium of the conducting airways was shown to support the replication of SARS-CoV.⁴⁴ Local epithelial damage

may provide a port of entry for *Aspergillus* to cause invasive airway disease. Pseudomembranous plaques or ulcers were visible in 6 of 30 (20%) patients with CAPA,²¹ and bronchial ulcers reported in two of 8 *Aspergillus* positive COVID-19 patients, but the patients in the latter study were not classified according to published definitions.⁴⁵ In the Dutch-Belgian cohort of 41 CAPA cases, 4 (10%) proven invasive *Aspergillus* tracheobronchitis cases were registered.³⁸ These data indicate that the frequency of invasive *Aspergillus* tracheobronchitis in CAPA is probably lower than observed in IAPA. However, the diagnosis of invasive *Aspergillus* tracheobronchitis is made through visualization of plaques in the airways, and since the use of bronchoscopy has been restricted, tracheobronchitis cases may be underreported.

The mortality of invasive *Aspergillus* tracheobronchitis is unknown in CAPA, but was reported to be as high as 90% in IAPA patients.⁴ There are no data on mortality associated with invasive *Aspergillus* tracheobronchitis in CAPA. Systemic antifungal therapy alone might not be sufficient to effectively treat this disease manifestation due to intraluminal growth of the fungus. Inhaled (liposomal) amphotericin B has been recommended in these cases as adjunctive therapy by the IDSA.⁴⁶ To date only one IAPA patient with invasive *Aspergillus* tracheobronchitis was reported to be treated with nebulized liposomal amphotericin B in addition to systemic liposomal amphotericin B, GM-CSF and gamma interferon, which resulted in successful clinical outcome.⁴⁷

Conclusions

- Invasive *Aspergillus* tracheobronchitis is occasionally observed in patients with COVID-19 (very low quality of evidence).
- Invasive *Aspergillus* tracheobronchitis in CAPA is diagnosed through visual inspection and mucosal biopsy of suspected lesions (very low quality of evidence).
- Systemic antifungal treatment of invasive *Aspergillus* tracheobronchitis in critically ill COVID-19 patients is indicated, but there is little evidence to support additional nebulized liposomal amphotericin B therapy (very low quality of evidence).

7. What is the role of immunomodulating agents in the management of CAPA in ICU patients?

Evidence summary

Corticosteroids in influenza and other coronavirus respiratory syndromes have shown no benefit or possible harm.^{48,49} Early consensus was against corticosteroids in COVID-19.⁵⁰ During the pandemic the RECOVERY trial, a meta-analysis of steroid trials by the WHO, and the REMAP-CAP trial have changed practice by showing benefit of corticosteroids in COVID-19 patients in the ICU.^{39,51,52} RECOVERY reported that in over 6,000 patients the administration of 6 mg dexamethasone for ten days was associated with significantly reduced 28-day mortality.³⁹ This result was most pronounced among patients requiring mechanical ventilation (rate ratio = 0.65, 95% CI = 0.48 – 0.88, p = 0.0003) and changed clinical practice immediately. The question arose whether there would be additive effects of other immunomodulatory drugs on top of corticosteroids. Recently, REMAP-CAP showed that in an ICU population blocking the IL-6 pathway with tocilizumab or sarilumab could further reduce mortality and organ free support days in the ICU when started within 24 hours of admission to the ICU.⁵³ Median

organ support-free days were 10 (interquartile range [IQR] -1, 16), 11 (IQR 0, 16) and 0 (IQR -1, 15) for tocilizumab, sarilumab and control, respectively. Hospital mortality was 28% (98/350) for tocilizumab, 22.2% (10/45) for sarilumab and 35.8% (142/397) for control. Again similar to corticosteroids there were no reports of increased adverse events, including secondary infections during treatment.^{39,48,51,53}

Immune-modulation has thus become a cornerstone of treatment of COVID-19 in the ICU and current practice will include combinations of corticosteroids and blocking IL-6 in critically ill patients. Although there is no evidence for increased frequency of IPA in this population with immunotherapy compared to no immunotherapy, the difficulty of diagnosing CAPA as outlined here and the fact that registrations of fungal infection complications are not optimal do not allow us to know whether the incidence of CAPA is the same, lower or higher in this COVID-19 population receiving immunotherapy.^{54,55} The risk factors identified for CAPA thus far do include corticosteroids and the population with the highest CAPA incidence was a study where over 70% of patients had received tocilizumab.²¹ However the argument not to start immunomodulatory therapy in the ICU because of risk of CAPA is not valid given the reported beneficial effects in the ICU population.

When CAPA is diagnosed we do not have data which supports that stopping dexamethasone or other immune modulatory agents would be beneficial in addition to antifungal treatment. In light of the beneficial effects demonstrated in RCTs we therefore advise to continue immunomodulatory treatment. More data is needed on the incidence and significance of CAPA in COVID-19 patients in the ICU with immunomodulatory treatment.

Conclusions.

- There is insufficient data on the incidence and significance of CAPA in COVID-19 patients in the ICU with immunomodulatory treatment (very low level of evidence).
- There is no evidence to stop immunomodulatory therapy once CAPA is diagnosed (very low level of evidence).

Final considerations

Most publications to date have involved patient cohorts during the first corona wave and the studies were hampered by the lack of a consensus case definition and the reluctance to perform bronchoscopy and invasive procedures, including autopsy. These factors have contributed to areas of uncertainty regarding the pathophysiology, diagnosis and management of CAPA. Upper respiratory tract specimens, such as TA and sputum, have been used to identify CAPA patients, but detection of *Aspergillus* in these specimens may represent respiratory tract colonization rather than invasive infection. Furthermore, sputum and TA are not validated for the detection of GM or *Aspergillus* DNA. The poor performance of serum biomarkers for the diagnosis of CAPA, underscores the need to obtain lower respiratory tract material to be able to diagnose CAPA. Increasing experience with bronchoscopy in critically ill CAPA patients, has shown that this procedure can be performed safely provided adequate infection prevention measures are taken to prevent exposure of health care workers to infectious aerosols. As bronchoscopy also allows visual inspection of the airways and thus enables the diagnosis of invasive *Aspergillus* tracheobronchitis, bronchoscopy and BAL remain the main diagnostic procedure to diagnose CAPA. In addition to diagnosing CAPA and other respiratory infections, BAL may also be useful to exclude CAPA in patients that require corticosteroid therapy, for instance for the treatment of COP or the prevention of pulmonary fibrosis. Although a BAL GM of >1.0 is used in the

2020 ECMM/ISHAM consensus case definitions to classify CAPA patients, we recommend to use the same cutoff that is used in other patient groups depending on the test used.

Unexplained respiratory deterioration in critically ill COVID-19 patients may be a trigger to consider a diagnostic work-up for CAPA. The likelihood of CAPA may increase if additional factors such as a positive TA or new cavitary CT lesions are present (flow chart). A bronchoscopy and BAL are the recommended procedure to diagnose CAPA, which should undergo multiple *Aspergillus* tests. Although a positive BAL GM supports the diagnosis of CAPA, multiple tests positivity increases the likelihood of CAPA. If tests results are not readily available, pre-emptive antifungal therapy may be indicated in clinically deteriorating patients while awaiting the test results. In this setting, positive *Aspergillus* LFD tests may help to decide to promptly start antifungal therapy, but there are currently limited test validation data in COVID-19 patients. Nevertheless, the performance of *Aspergillus* LFD tests in BAL in another ICU patient population was good.²⁸ The *Aspergillus* LFD test may be especially useful in treatment centers where regular GM or *Aspergillus* PCR tests are not routinely performed and samples must sent to other laboratories, extending the time to diagnosis.

The use of dexamethasone for the standard treatment of COVID-19 might increase the risk for the development of CAPA, but an increased CAPA frequency during the second corona wave has not yet been reported in the literature. The need to administer corticosteroids for the treatment of COVID-19 and the associated risk for CAPA, present a dilemma in the management of critically ill COVID-19 patients. Although the decision to continue corticosteroids in critically ill patients who develop CAPA needs to be assessed on an individual patient basis, we believe that dexamethasone therapy should be continued for the timeframe as suggested by the SWAB guideline⁵⁶ if possible. This also applies to patients who are treated with high dose corticosteroid therapy for pulmonary fibroproliferation in the course of ICU stay and develop CAPA. Discontinuation or tapering of corticosteroids could be considered in patients that do not respond to antifungal therapy or with underlying EORTC/MSGERC host factors, although this is not supported by scientific data.

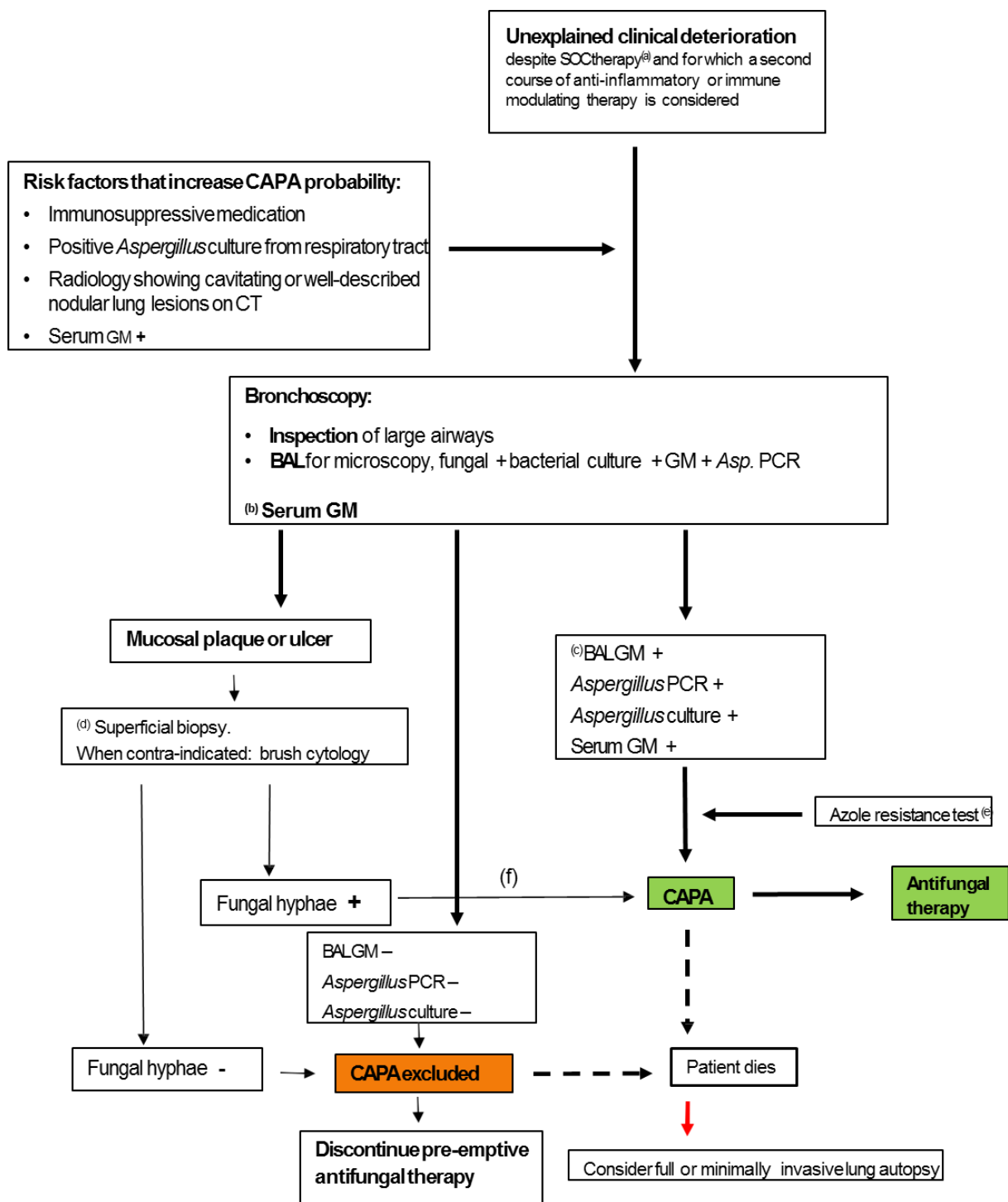
There are currently no CAPA cases reported in children, which may indicate that the risk to develop CAPA in this population is low. Other secondary fungal infections have been reported in critically ill COVID-19 patients, including candidemia, fusariosis, scedosporiosis and mucormycosis, and should be considered in critically ill COVID-19 patients with positive cultures.

The COVID-19 field is rapidly evolving and new COVID-19 treatment regimens such as the use of dexamethasone and/or immunotherapy may alter the risk for CAPA. Furthermore, autopsy studies are likely to increase our understanding of CAPA and help to validate case definition and diagnostic tests. As these developments are likely to have impact on our recommendations, we aim to update the recommendations when deemed necessary.

Recommendations

| Recommendation | Strength | Quality of evidence |
|---|----------|---------------------|
| 1. A CAPA diagnostic work up is recommended in mechanically ventilated COVID-19 patients with unexplained respiratory deterioration. | Strong | Low |
| 2. We recommend maximum efforts to perform a bronchoscopy for inspection of the airways and bronchoalveolar lavage (BAL) to diagnose CAPA in patients with proven or high likelihood COVID-19 in the ICU. | Strong | Low |
| 3. Screening of critically ill COVID-19 patients for serum GM or BDG is not recommended, but may be useful for CAPA diagnosis. | Strong | Low |
| 4. There is no recommendation against or in favor of using lateral flow devices based assays for diagnosing CAPA. | Weak | Very low |
| 5. Patients with visible plaques in trachea and bronchi should undergo mucosal biopsy or brush to diagnose invasive <i>Aspergillus</i> tracheobronchitis. | Strong | Low |
| 6. Detection of <i>Aspergillus</i> in sputum and tracheal aspirate is considered insufficient evidence to support CAPA diagnosis, but warrants further diagnostics through bronchoscopy and BAL. | Strong | Low |
| 7. Standard CT imaging is not recommended to refute or diagnose CAPA. | Weak | Very low |
| 8. Antifungal therapy is indicated in patients with proven or probable CAPA. | Strong | Low |
| 9. We recommend to follow the SWAB Management of Invasive Fungal Infections 2017 guideline on antifungal therapy of CAPA. | Strong | Low |
| 10. We recommend not to stop concomitant dexamethasone or corticosteroid therapy in CAPA patients that require antifungal therapy. | Weak | Very low |
| 11. When BAL GM and <i>Aspergillus</i> PCR results are not readily available we recommend to consider pre-emptive antifungal therapy. | Weak | Very low |
| 12. In patients with a negative BAL GM, discontinuation of pre-emptive antifungal therapy is recommended. | Weak | Very low |
| 13. We recommend to follow the SWAB Management of Invasive Fungal Infections 2017 guideline for therapeutic drug monitoring (TDM) in critically ill CAPA patients receiving triazole therapy. | Strong | Low |

Flow chart



Proposed clinical guidance for the management of CAPA

- (a) SOC = Standard of care. The SOC of COVID-19 is likely to change in the future but for now it includes thromboembolic prophylaxis, therapy with dexamethasone, exclusion of pulmonary embolism with CT. Other causes of clinical respiratory deterioration may also need to be excluded: pneumothorax, atelectasis, progressive pulmonary fibrosis.
- (b) Serum GM is generally negative, but increases the probability of CAPA if positive in combination with positive BALGM. Positive serum GM might be associated with poor outcome.
- (c) Multiple positive *Aspergillus* test results increase the probability of CAPA and reduces the likelihood of a false-positive result.
- (d) May require temporarily stopping anticoagulantia 24 hrs before the procedure.
- (e) If there is growth of *Aspergillus*, phenotypic resistance testing can be used e.g. with VIPcheck™ on site or at a mycology reference laboratory. In culture negative but GM positive BAL samples, the CYP51A *Aspergillus* PCR can be used to exclude the presence of the 2 most frequent resistance mutations that confer azole resistance in the Netherlands (TR₃₄/TR₄₆ pattern).
- (f) Formally, only when septate hyphae size 2.5 to 4.5 µm in diameter are seen AND the presence of *Aspergillus* DNA is documented as well, the infection is classified as proven CAPA. However, the presence of hyphae compatible with *Aspergillus* suffices to start antifungal therapy.

Practical guidance for antifungal drug administration and drug target concentrations

1. In the setting of gastro-intestinal dysfunction, intravenous voriconazole is preferred over oral voriconazole. The voriconazole solvent sulphabutyl-ether-cyclodextrin (SBECD) is considered only to accumulate in the setting of poor renal function, but is not nephrotoxic itself.
2. We recommend against the use of posaconazole oral suspension, due to the variable exposure.
3. Posaconazole intravenous administration should be done over a central venous catheter due to the very low pH of the intravenous solution.
4. Posaconazole tablets cannot be crushed and thus not be used for administration over the nasogastric tube.
5. Isavuconazole capsules can be opened and given over the nasogastric tube (expert opinion). The “syringe method” should be used as the drug has a very bad taste.
6. Lipid formulations of amphotericin B (typically Ambisome) is recommended over amphotericin B deoxycholate.
7. Special patient populations such as obese patients require attention with regards to risk of underdosing for posaconazole, isavuconazole and all echinocandins and risk of overdosing for voriconazole and liposomal amphotericin B.
8. Hepatic function should be monitored for all triazoles. Renal function should be monitored for liposomal amphotericin B. Electrolyte disturbances, specifically hypokalemia is frequently observed when using liposomal amphotericin B but also with posaconazole.
9. In all circumstances, trough concentrations should be assessed between day 3-5 after start of triazole therapy unless Model Informed Precision Dosing is used to derive the area-under-the-concentration time curve. However, in the absence of good population pharmacokinetic models, it is relatively unlikely that such a technique will be deployed.

Triazole drug target concentrations. An overview of target concentrations is presented in **Table 8**. The target concentrations are derived for the setting of azole-susceptible *Aspergillus* infection.

Table 8. Target trough plasma concentrations for triazoles.

| Drug | Lower target (efficacy) | Upper target (toxicity) |
|---------------|-------------------------|---|
| Voriconazole | > 1.5 - 2 mg/L | < 4-6 mg/L |
| Posaconazole | >1 mg/L | 3.75 mg/L * limited evidence to support higher concentrations |
| Isavuconazole | >2 mg/L | 4 mg/L # marginal evidence to support higher concentrations |

*The upper threshold for posaconazole is not well defined. For the oral suspension, the product leaflet recommends an upper limit of 3.75 mg/L for posaconazole. In clinical studies this threshold appeared safe. Recently new data has emerged on the use of intentional (in the setting of intermediate susceptible species) as well as occasional high concentrations of posaconazole supporting safety at higher exposures.⁵⁷

Target concentrations for isavuconazole have not yet been clearly established. Currently, the exposure attained in patients responding to therapy is pursued which amounts to 2-4 mg/L. From the phase III studies, it was observed that toxicity occurred at an area under the concentration time curve of 233 mg*h/L.⁵⁸ This equals a trough concentration of about 9 mg/L. Therapeutic drug monitoring of liposomal amphotericin B is not warranted.

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